



North Rock Creek MS/HS Breakfast January 2024



Mon, 1 /1 No School	Tue, 1 /2 No School	Wed, 1 /3 Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Thu, 1 /4 Pancake on a Stick or Cereal & Toast Fruit Juice Milk	Fri, 1 /5 Cinnamon Roll or Cereal & Toast Fruit Juice Milk
Mon, 1 /8 Pancakes w/ Syrup or Cereal & Toast Fruit Juice Milk	Tue, 1 /9 Breakfast Burrito or Cereal & Toast Fruit Juice Milk	Wed, 1 /10 Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Thu, 1 /11 Muffin or Cereal & Toast Fruit Juice Milk	Fri, 1 /12 Bagel Sandwich or Cereal & Toast Fruit Juice Milk
Mon, 1 /15 No School	Tue, 1 /16 No School	Wed, 1 /17 Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Thu, 1 /18 Oatmeal Sausage Patty or Cereal & Toast Fruit Juice Milk	Fri, 1 /19 Donut or Cereal & Toast Fruit Juice Milk
Mon, 1 /22 No School	Tue, 1 /23 No School	Wed, 1 /24 Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Thu, 1 /25 Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Fri, 1 /26 Cinnamon Roll or Cereal & Toast Fruit Juice Milk
Mon, 1 /29 Pancakes w/ Syrup or Cereal & Toast Fruit Juice Milk	Tue, 1 /30 Yogurt Toast or Cereal & Toast Fruit Juice Milk	Wed, 1 /31 Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk		

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



North Rock Creek MS/HS Lunch January 2024



Mon, 1 /1 No School	Tue, 1 /2 No School	Wed, 1 /3 Waffle and Syrup Scrambled Eggs Sausage Patty Seasoned Potatoes Baby Carrots Fruit Milk	Thu, 1 /4 Nacho Bar (Beef, Queso and Tortilla Chips) Garden Salad Salsa Chili Beans Fruit Milk	Fri, 1 /5 Corn Dog Tater Tots Broccoli & Cheese Fruit Milk
Mon, 1 /8 Meatball Sub Coleslaw Cucumber Slices Fruit Milk	Tue, 1 /9 Pizza Pasta Italian Salad Baby Carrots Breadstick Fruit Milk	Wed, 1 /10 Breaded Chicken Sandwich Garlic Parm Fries Cucumber Slices Fruit Milk	Thu, 1 /11 Taco Soup Chili Beans Fritos Fruit Milk	Fri, 1 /12 Chicken Nuggets Mashed Potatoes & Gravy Roasted Carrots Dinner Roll Fruit Milk
Mon, 1 /15 No School	Tue, 1 /16 No School	Wed, 1 /17 Bacon Ranch Mac & Cheese Glazed Baby Carrots Green Beans Fruit Milk	Thu, 1 /18 Sloppy Joe Sandwich French Fries Fruit Milk	Fri, 1 /19 Cheeseburger Garlic Parm Fries Baby Carrots Fruit Milk
Mon, 1 /22 Chicken Nuggets Mashed Potatoes & Gravy Side Salad Dinner Roll Fruit Milk	Tue, 1 /23 Spaghetti & Meat Sauce Green Beans Baby Carrots Breadstick Fruit Milk	Wed, 1 /24 Sweet n Sour Chicken Lo Mein Noodles Roasted Carrots Fruit Milk	Thu, 1 /25 Frito Chili Pie Baby Carrots Side Salad Fruit Milk	Fri, 1 /26 Bacon Ranch Mac & Cheese Glazed Baby Carrots Green Beans Fruit Milk
Mon, 1 /29 Chicken Nuggets Mashed Potatoes & Gravy Side Salad Fruit Milk	Tue, 1 /30 Spaghetti & Meat Sauce Green Beans Baby Carrots Breadstick Fruit Milk	Wed, 1 /31 BBQ Pork Loin Corn Broccoli & Cheese Dinner Roll Fruit Milk		

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